

Meet The Pelvic Floor Experts



Merel Hilgersom

NL - Pelvic Floor Physical Therapist MSc at ProFundum Institute. Teacher and developer at the ProFundum academy. Gives advanced courses in EMG, biofeedback and electrical stimulation, a course chronic pelvic pain and a pelvic floor course for general physiotherapist. Works at the NT-e as a teacher ultrasound in the abdominal en pelvic region. Has been working with MAPLe for 8 years now and works for more than 2 years as a MAPLe trainer for Novuqare. Used to work at the AVANS+(Lecturer at AvansPlus MSc pelvic physiotherapy course). Various subjects: internal examination, pelvic tests, rectal balloon, pop-Q, case report assessment, assessment skills).



Danielle van Reijn-Baggen

NL - Pelvic Floor Physical Therapist, MSc, PhD Candidate. Researcher at LUMC and Proctos Clinics. Teacher at SOMT University of Physiotherapy. Working in her private practice in Baarn and in a multidisciplinary team specialized in coloproctology at the Proctos Clinic in Bilthoven. Danielle gained a broad experience of all kinds of pelvic floor disorders but is specialized in gastro-enterology and coloproctology. She is a member in committees for guidelines and representative for the Dutch Society for Pelvic Floor Physical Therapy in the scientific committee.



Dorien Bennink

NL - Pelvic Floor Physical Therapist, Clinical Epidemiologist MSc, Researcher Leiden University Medical Center (LUMC), Department of Urology. Broad experience in biofeedback, electromyography and electrical stimulation, developed courses, assessments and guidelines. Dorien gained a broad experience of all kinds of pelvic floor disorders but is specialized in overactive bladder complaints and pelvic floor disorders in neurological diseases She is a representative for the Dutch Society for Pelvic Floor Physical Therapy in the scientific committee. Supervisor of thesis's at AVANS+. Teacher at SOMT University of Physiotherapy (EMG and electrostimulation).



Sonja Soeder

DE - Pelvic Floor Physical Therapist MSc, Professional Director of physiotherapy at the German Pelvic Floor Center (Deutschen Beckenbodenzentrum). Implementation of clinical studies, lecturer at the Alice-Salomon Hochschule in the physiotherapy course, ambassador for Germany in the Special Interest Group Physiotherapy in the IUGA-International Urogynecology Association. Speaker for physiotherapists and doctors.



Mariëlla Goudberg

NL - Pelvic Floor Physical Therapist, Counselor Sexology. At the Jeroen Bosch Hospital in 's-Hertogenbosch for over 30 years. There, in addition to specializing in Neurology, Intensive Care, Pulmonology and Surgery, she has specialized in Pelvic Physiotherapy for the past 12 years, both clinically and outpatients. Since 2016 part of the team of Pelvic Care Maxima Medical Center in Eindhoven and since 2020 of the Jeroen Bosch Hospital.



Jenneke Kalkdijk

NL - Pelvic Floor Physical Therapist MSc, Pelvic Floor Health Center, PhD Candidate, Researcher UMCG and Radboud UMC. Lecturer at the Profundum Academy. Jenneke gained a broad experience in the (multidisciplinary) treatment of all kinds of pelvic floor disorders. Especially in the field of the gastro-enterology, colorectal surgery, proctology and chronic pelvic pain. Lecturer (inter)national Congresses and Symposia. Advisor and member in committees for Guidelines and implementation of Treatment Protocol and Guidelines.

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Gillian McCabe

UK - Clinical Pelvic Floor Physical Therapist BSc (Hons), MSc, mCSP, HCPC.

Specialist pelvic health physiotherapist who runs a health and wellbeing clinic in Cardiff, Wales. Offers services for pelvic floor muscle rehabilitation in the management of incontinence, prolapse & pelvic pain.

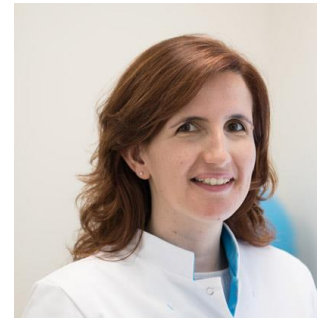


Alec Malmberg

NL - Gynecologist Pelvic Floor Pain Specialist, UMCG founder Women Care Centre Lentemorgen

Medical Advisor Foundation Pelvic Floor 4All.

Educated:
European School Sexual Medicine
ICS/IUGA Toronto combined meeting.



Ana dos Santos

NL / PT - Pelvic Floor Physical Therapist MSc

Owner of PelviCentrum in Leiden, The Netherlands. Since her Master of Science in Pelvic Physiotherapy she has been working exclusively with patients suffering from pelvic, pelvic floor, abdominal, and lower back issues. Aside from her clinical work, Ana is actively involved in scientific research. Ana is a co-author of the Dutch Multidisciplinary Guideline for Chronic Pelvic Pain (2021) and a member of the Scientific Committee of the Dutch Association of Pelvic Physiotherapy.



Lucy Allen

UK - Pelvic Health Physical Therapist and Biofeedback specialist

Worked in the NHS and private sector before moving to London to work at St Marks Hospital in Harrow. Runs 2 private clinics in London, specialising in Pelvic Health for pelvic floor related problems and Biofeedback for functional bowel disorders.

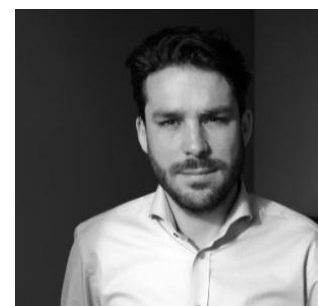
Developed a passion for treating men and women with pelvic floor dysfunction. Enthusiasm for pelvic health has led to specialising in bowel, bladder and pelvic pain issues ranging from constipation, urinary incontinence to sexual dysfunction. Alongside clinical caseload also passionate about teaching and education, speaking at events around the UK.



Stefan De Wachter

BE - Full Professor of Urology at University of Antwerp

Interested in functional urology, reconstructive urology and neuro-urology. Strong believer in collaborations for both clinical work and research projects. Current projects: 1) use of EMG in sacral neuromodulation, 2) bladder under activity and development of human models to evaluate this; 3) bladder sensation and sensory evaluation; 4) role of urethra in controlling lower urinary tract function; 5) home uroflowmetry



Jeroen Voorham

NL - Founder of Novuqare Pelvic Health B.V. – developer of MAPLe®

Joint PhD candidate of Leiden University (Leiden University Medical Center, department of Urology) & University of Antwerp (Antwerp University Hospital, department of Urology). Joint PhD candidate of Leiden University (Leiden University Medical Center, department of Urology) & University of Antwerp (Antwerp University Hospital, department of Urology).

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Jacqueline De Jong

CH - Pelvic floor Physiotherapist MSc, Cand PhD.

Jacqueline co-founded Pelvisuisse and served on the board from 2006 to 2022. She is Pelvic Floor Physical therapist and owner of Physio SPArtoS in Interlaken, Switzerland. Especially the specialization in Pelvic Floor Physical Therapy has shown her that health problems should be considered and treated in context. The focus is on gaining a better quality of life. As a study director of a master's course in pelvic floor physiotherapy and as a researcher, she would like to make a contribution to the development of this special field.



Suzanne Carney

IRE - Pelvic floor Physiotherapist MSc.

Suzanne is a Clinical Specialist in Women's, Men's and Pelvic Health Physiotherapy and she is the founder of Anatomy Physiotherapy based in Claremorris, Co. Mayo. Suzanne holds a Masters degree of Clinical Physiotherapy in Continence and Women's Health from the Curtin University, Australia. This postgraduate training covered all aspects of women's, men's and children's pelvic health and continence. Also has a degree in Biomedical Science & IT from NUI Galway where her subject was Human Anatomy and completed her undergraduate physiotherapy degree in 2009 from Manchester Metropolitan University in the UK.



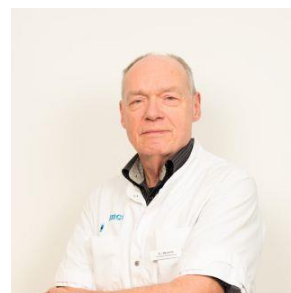
Bill Taylor

UK - Bill is an Edinburgh based Physiotherapist with over 30 years experience in the treatment of pelvic dysfunction. Widely recognised all over the world as being one of the leading pelvic health physios and one of the few who specialise in male pelvic floor dysfunction. Special interest in Chronic Pelvic Floor Dysfunction and the use of manual and exercise therapy in addressing this condition. Has contributed to the textbook Chronic Pelvic Pain and Dysfunction entitled "The Effect of Sport and Exercise on Chronic Pelvic Pain". He also compiled a chapter on Pelvic Girdle Assessment in Nicola Petty's textbook-Neuro-musculoskeletal Assessment. Incl. reference to pelvic floor dysfunction aiming to engage undergraduate physios in pelvic health. Bill has taught widely in the UK, Europe and Israel on men's health physiotherapy and male & female pelvic health.



Laura Rojas

ES - Laura is a pelvic physiotherapist and has a degree in Journalism from the University of Madrid. These two areas of knowledge converge in 2013; she begins the development of an exciting digital project, dedicated to women's health and care of the pelvic floor: En Suelo Firme (www.ensuelofirme.com). Passionate about the field of obstetric and urogynecological physiotherapy, as well as its multiple possibilities in improving the quality of life of women in the different phases of their life cycle.



Dr. Bert Messelink

NL - Urologist, Sexologist at Medical Centre Leeuwarden
Has a demonstrated experience in abdominal and pelvic pain. Works discipline surpassing in care and education. Is skilled in Pelvic Pain, Pelvic Healthcare, Guidelines and Medical Education and leads a multidisciplinary pelvic pain team at his hospital (MCL). Is chairman of the Dutch Pelvic Pain Guideline and has been involved as vice-chairman of the European Association of Urology (EAU) Guideline on chronic pelvic pain for 20 years. Is also a certified sexologist.